



H4H Group Sessions 2024

H4H Group Session Pricing

SINGLE SESSION

\$33.33

Join a Group Session

Single Session Link: <https://Healing4HeartsLLC.as.me/H4HGroupsandPrograms>

Emotion Code/Body Code/Belief Code every Friday at 1:00pm Central Time
Integrated Soul Activations Group Healings every Wednesday at 8:30pm Central Time

All other Group Healings are every Wednesday at 7:00pm Central Time

1st Wednesday of the month ~ Abundance & Prosperity

2^{cd} Wednesday of the month ~ Thetahealing

3rd Wednesday of the month ~ InnerSpeak Empowerment*

4th Wednesday of the month ~ Rekindled Ancient Wisdom (RAW)*

5th Wednesday of the month ~ Holistic Coaching

*Replays or notes available for group sessions**

**except InnerSpeak Empowerment must be attended live.*

**RAW group does not have to be attended live to benefit from the healing but no notes/replay is provided*

APRIL

10-Apr THETAHEALING
 12-Apr EMOTION CODE/BODY CODE/BELIEF CODE
 17-Apr INNERSPEAK EMPOWERMENT*
 19-Apr EMOTION CODE/BODY CODE/BELIEF CODE
 24-Apr REKINDLED ANCIENT WISDOM*
 24-Apr INTEGRATED SOUL ACTIVATIONS
 26-Apr EMOTION CODE/BODY CODE/BELIEF CODE

MAY

01-May None
 03-May None
 08-May THETAHEALING
 08-May INTEGRATED SOUL ACTIVATIONS
 10-May EMOTION CODE/BODY CODE/BELIEF CODE
 15-May None
 17-May EMOTION CODE/BODY CODE/BELIEF CODE
 22-May REKINDLED ANCIENT WISDOM*

22-May INTEGRATED SOUL ACTIVATIONS
24-May EMOTION CODE/BODY CODE/BELIEF CODE
29-May HOLISTIC TRANSFORMATIONAL COACHING
29-May INTEGRATED SOUL ACTIVATIONS
31-May EMOTION CODE/BODY CODE/BELIEF CODE

JUNE

05-Jun None
07-Jun EMOTION CODE/BODY CODE/BELIEF CODE
12-Jun THETAHEALING
12-Jun INTEGRATED SOUL ACTIVATIONS
14-Jun EMOTION CODE/BODY CODE/BELIEF CODE
19-Jun INNERSPEAK EMPOWERMENT*
19-Jun INTEGRATED SOUL ACTIVATIONS
21-Jun EMOTION CODE/BODY CODE/BELIEF CODE
26-Jun REKINDLED ANCIENT WISDOM*
26-Jun INTEGRATED SOUL ACTIVATIONS
28-Jun EMOTION CODE/BODY CODE/BELIEF CODE

JULY

03-Jul ABUNDANCE & PROSPERITY
03-Jul INTEGRATED SOUL ACTIVATIONS
05-Jul EMOTION CODE/BODY CODE/BELIEF CODE
10-Jul THETAHEALING
10-Jul INTEGRATED SOUL ACTIVATIONS
12-Jul EMOTION CODE/BODY CODE/BELIEF CODE
17-Jul None
19-Jul EMOTION CODE/BODY CODE/BELIEF CODE
24-Jul REKINDLED ANCIENT WISDOM*
24-Jul INTEGRATED SOUL ACTIVATIONS
26-Jul EMOTION CODE/BODY CODE/BELIEF CODE
31-Jul HOLISTIC TRANSFORMATIONAL COACHING
31-Jul INTEGRATED SOUL ACTIVATIONS

AUGUST

02-Aug EMOTION CODE/BODY CODE/BELIEF CODE
07-Aug ABUNDANCE & PROSPERITY
07-Aug INTEGRATED SOUL ACTIVATIONS
09-Aug EMOTION CODE/BODY CODE/BELIEF CODE
14-Aug THETAHEALING
14-Aug INTEGRATED SOUL ACTIVATIONS

16-Aug EMOTION CODE/BODY CODE/BELIEF CODE
21-Aug INNERSPEAK EMPOWERMENT*
21-Aug INTEGRATED SOUL ACTIVATIONS
23-Aug EMOTION CODE/BODY CODE/BELIEF CODE
28-Aug REKINDLED ANCIENT WISDOM*
28-Aug INTEGRATED SOUL ACTIVATIONS
30-Aug EMOTION CODE/BODY CODE/BELIEF CODE

SEPTEMBER

04-Sep ABUNDANCE & PROSPERITY
04-Sep INTEGRATED SOUL ACTIVATIONS
06-Sep EMOTION CODE/BODY CODE/BELIEF CODE
11-Sep THETAHEALING
11-Sep INTEGRATED SOUL ACTIVATIONS
13-Sep EMOTION CODE/BODY CODE/BELIEF CODE
18-Sep INNERSPEAK EMPOWERMENT*
18-Sep INTEGRATED SOUL ACTIVATIONS
20-Sep EMOTION CODE/BODY CODE/BELIEF CODE
25-Sep REKINDLED ANCIENT WISDOM*
25-Sep INTEGRATED SOUL ACTIVATIONS
27-Sep EMOTION CODE/BODY CODE/BELIEF CODE

OCTOBER

02-Oct ABUNDANCE & PROSPERITY
02-Oct INTEGRATED SOUL ACTIVATIONS
04-Oct EMOTION CODE/BODY CODE/BELIEF CODE
09-Oct THETAHEALING
09-Oct INTEGRATED SOUL ACTIVATIONS
11-Oct EMOTION CODE/BODY CODE/BELIEF CODE
16-Oct INNERSPEAK EMPOWERMENT*
16-Oct INTEGRATED SOUL ACTIVATIONS
18-Oct EMOTION CODE/BODY CODE/BELIEF CODE
23-Oct REKINDLED ANCIENT WISDOM*
23-Oct INTEGRATED SOUL ACTIVATIONS
25-Oct EMOTION CODE/BODY CODE/BELIEF CODE
30-Oct HOLISTIC TRANSFORMATIONAL COACHING
30-Oct INTEGRATED SOUL ACTIVATIONS

NOVEMBER

01-Nov EMOTION CODE/BODY CODE/BELIEF CODE

06-Nov ABUNDANCE & PROSPERITY
06-Nov INTEGRATED SOUL ACTIVATIONS
08-Nov EMOTION CODE/BODY CODE/BELIEF CODE
13-Nov THETAHEALING
13-Nov INTEGRATED SOUL ACTIVATIONS
15-Nov EMOTION CODE/BODY CODE/BELIEF CODE
20-Nov INNERSPEAK EMPOWERMENT*
20-Nov INTEGRATED SOUL ACTIVATIONS
22-Nov EMOTION CODE/BODY CODE/BELIEF CODE
27-Nov REKINDLED ANCIENT WISDOM*
27-Nov INTEGRATED SOUL ACTIVATIONS
29-Nov EMOTION CODE/BODY CODE/BELIEF CODE

DECEMBER

04-Dec ABUNDANCE & PROSPERITY
04-Dec INTEGRATED SOUL ACTIVATIONS
06-Dec EMOTION CODE/BODY CODE/BELIEF CODE
11-Dec THETAHEALING
11-Dec INTEGRATED SOUL ACTIVATIONS
13-Dec EMOTION CODE/BODY CODE/BELIEF CODE
18-Dec INNERSPEAK EMPOWERMENT*
18-Dec INTEGRATED SOUL ACTIVATIONS
20-Dec EMOTION CODE/BODY CODE/BELIEF CODE
25-Dec None – Christmas Day
27-Dec None – Christmas vacation